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| **Kosher (permitted)** | **Trayf (forbidden)**  |
| Ritually slaughtered beef, sheep, goats and deer with no flaws or diseases | Pork, camel, rabbit, rodents, reptiles, and any animal that died of natural causes  |
| Chicken, turkey, quail, geese | Eagle, hawk, vulture  |
| Salmon, tuna, carp, herring, cod  | Crab, lobster, octopus, clam, swordfish, sturgeon |
| Meat eaten separately from dairy  | Meat with dairy (e.g., cheeseburger, burger with milkshake, chicken cordon bleu, wiener schnitzel, etc.) |
| Wine or grape juice made under Jewish supervision | Any other wine and grape juice  |
| Soft cheese and kosher hard cheese | Most hard cheese |

Reference: http://www.religionfacts.com/judaism/practices/kosher.htm